



教學指引



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Performing Venipuncture: Inserting and Removing the Needle

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Nursing Reference Center Plus 滿足護理人員在工作上所需的專業資訊，也鼓勵護理系的學生能閱讀原始文獻，在專業的學習上有更多的資源可以使用。在這個教學指南中，我們將說明如何在 *NRC Plus* 當中進行搜尋，設定主題提醒，查找護理技術的影片跟使用電子書。

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diabetes



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- All Results
- Quick Lessons (752)
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- Skills (369)
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- Cultural Competencies (624)
- Drug Monographs (791)
- Patient Handouts (1,372)
- Care Plans (1)
- CEUs (899)
- Legal Issues (50)
- Books (1,142)
- Journals (10)
- Research Instruments (10)

Search Results: 1 - 10 of 6,028

Relevance ▾ Page Options ▾ Share ▾

1. Diabetes Mellitus, Type 2

Schub T; Pravikoff D; CINAHL Nursing Guide, EBSCO Publishing, 2013 Oct 04 (Quick Lesson - CEU)
CE Module: Diabetes Mellitus, Type 2--CE Module

HTML Full Text PDF Full Text

Quick Lesson



2. Diabetes Mellitus, Type 1, in Adolescents

Schub T; Pravikoff D; CINAHL Nursing Guide, EBSCO Publishing, 2014 Jan 03 (Quick Lesson - CEU)
CE Module: Diabetes Mellitus, Type 1, in Adolescents--CE Module

HTML Full Text PDF Full Text

Quick Lesson



3. Diabetes Mellitus: Pregnancy in Patients with Preexisting Diabetes



Strayer D; Pravikoff D; CINAHL Nursing Guide, EBSCO Publishing, 2012 Jun 01 (Quick Lesson)

HTML Full Text PDF Full Text

Quick Lesson



4. Diabetes Mellitus, Type 1

Strayer D; Pravikoff D; CINAHL Nursing Guide, EBSCO Publishing, 2013 Jul 05 (Quick Lesson - CEU)
CE Module: Diabetes Mellitus, Type 1--CE Module

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在搜尋結果頁面中，您可以透過左手邊的篩選條件，限制您想查找的出版品類型，如 **Quick Lessons**, **Evidence-Based Care Sheets**, 和 **Skills**，點擊PDF全文連結，即可閱讀該主題的全文。

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Once a day ▾**Create Alert**

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Title: Diabetes Mellitus, Type 2 By: Schub T, Spears TL, Pravikoff D, CINAHL Nursing Guide, October 4, 2013

Database: Nursing Reference Center Plus

Diabetes Mellitus, Type 2

Contents

- Description/Etiology
- Facts and Figures
- Risk Factors

 Listen




American Accent ▾



Quick Lesson

By: Tanja Schub, BS
Cinahl Information Systems, Glendale, CA

Tools

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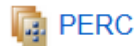
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NRC Plus 除了可以搜尋所有內容之外，有可以只搜尋特定的主題如 Diseases, Skills, Drugs, Management, Continuing Education, Patient Education, and Reference, 只要點擊這些頁籤後，輸入關鍵字查詢即可。

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Demonstration Customer

heart disease X

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Explore Evidence-based Information about Diseases and Conditions

Consult thousands of disease and condition topics that map to the nursing workflow and include the latest evidence known today. Topics focus on disease overviews, risk factors, prevention, diagnosis, comorbidities, prevalence in various populations, complications, treatment strategies, outcomes, and much more. [All Disease Topics](#)

Most Common Diseases



Chronic Obstructive Pulmonary Disease

COPD is the 4th leading cause of death worldwide and nurses should be aware of effective management of the disease to decrease health care costs. [View Topics](#)



Care Plans

Use these problem-based care plans, including impaired gas exchange and more, to effectively address patient problems and support patients in reaching the desired goals. [View Topics](#)



Heart Diseases

The body of evidence related to heart diseases supports many approaches, including the provision of aspirin on arrival for AMI, as discussed in the core measure. [View Topics](#)

點擊搜尋框上方任一個資料類型的標籤，輸入關鍵字，即可出查找該資料類型的主題，如點擊 **Diseases** 之後，搜尋的範圍包含 Quick Lessons 和 Evidence-Based Care Sheets.

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Nasogastric Tube X

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Skill Highlights



Teaching the Patient with Diabetes Mellitus, Type 2

Patient education about DM2 will support the patient to have improved healthcare outcomes, including improved glycemic control, which can prevent future complications.

[View Topics](#)

Hand Hygiene

Nurses that engage in appropriate hand hygiene will help their patients avoid infection, thus improving outcomes and reducing healthcare costs.

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Nasogastric Tube Insertion

This suite of skills will assist navigation of this typically "blind" procedure which is very important to administer medication and provide nutrition to the patient.

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Critical Skills

1. [Administration of Medication in Adults: Intramuscular](#)
2. [Arterial Blood Gases: Interpreting Results](#)

NRC Plus 也包含護理技術 (Skills) 的教學影片，影片內含在該技術的內文中，您可以點選上方的 **Skills**，輸入要查找的關鍵字，即可查找您所需的 **Skills**。

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- Evidence-Based Care Sheets (1)
- Skills (87)
- Videos (18)
- Images (6)
- Cultural Competencies (1)
- CEUs (36)
- Journals (4)

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Subject: Major Heading ▾

- patient education (12)
- intubation, gastrointestinal (11)

Search Results: 1 - 10 of 18

Relevance ▾ Page Options ▾ [Share](#) ▾1. **Nasogastric Tube: Insertion and Placement Verification in the Adult Patient**  

Walsh K; Pravikoff D; CINAHL Nursing Guide, EBSCO Publishing, 2014 Apr 04 (Nursing Practice and Skill - CEU, image)

CE Module: [Nasogastric Tube: Insertion and Placement Verification in the Adult Patient--CE Module](#)

Skill Set

[HTML Full Text](#)[PDF Full Text](#)2. **Taping the Nasogastric Tube to the Patient's Nose**  

CINAHL Nursing Guide, 2014 Jul 04 (Video)

[Video](#)

Video Recording

3. **Measuring a Nasogastric Tube for Insertion**  

CINAHL Nursing Guide, 2014 Jul 04 (Video)

[Video](#)

Video Recording

4. **Nasogastric Feeding Tube: Anatomical Pathway**  

CINAHL Nursing Guide, 2014 Jul 04 (Video)

您也可以在搜尋全部內容的時候，透過左手邊的篩選條件 (**Material Types**) 選擇影片 (**Video**)，點擊Video單獨瀏覽該教學影片，如果篩選出來是 **HTML Full Text**，也可以點擊該連結看到影片。

- Clear the nares. Ask the patient to gently blow his or her nose. Alternatively, use the cotton-tipped swabs to remove debris
- There are two methods commonly used to measure the length of the NGT to be inserted into the patient



Measuring a Nasogastric Tube for Insertion. Copyright© 2014, EBSCO Information Services.

- Method #1: (Video 1) Use the distance from the nares to the tragus (lower tip) of the earlobe to the xiphoid process (i.e., the pointed cartilage attached to the lower end of the breastbone or sternum) to determine the insertion length: While holding the **gastric** end of the NGT next to the tip of the patient's nose, extend the **tube** to the tip of the patient's earlobe. Hold the **tube** at the earlobe and extend the **tube** downward to the xiphoid process (Point X). Mark this distance (Point X), plus another inch or two (2.5–5.1 cm), on the **tube** with a permanent marker or use the smaller strip of pre-cut tape to indicate how far the **tube** should be inserted



Figure 6

Measuring the distance from the tip of the earlobe (tragus) to the nare. Copyright© 2014, EBSCO Information Services.



如果有影片出現的話，點擊播放鍵即可播放。

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 All Results Books (464)

Subject: Major Heading

- patient education (125)
- nursing assessment (114)
- diagnosis, laboratory (56)
- diagnosis, laboratory nursing (56)
- practical nurses (25)
- nursing diagnosis (15)

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Publication Type

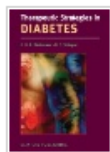
- book chapter (464)
- book (268)

Age

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Relevance Page Options Share

1. Diabetes

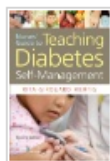


eBook

By: Schaper, Nicolaas; Stehouwer, Coen D.A. In: Therapeutic Strategies. Clinical publishing. 2009. eBook.

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2. Nurses' Guide to Teaching Diabetes Self-management



eBook

By: Mertig, Rita G. Edition: 2nd ed. Springer Pub. 2012. eBook.

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3. The Diabetes Manifesto : Take Charge of Your Life



eBook

By: Crowe, Lynn; Stachowiak, Julie. DemosHealth. 2010. eBook.

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Nursing Practice Manual

EBSCO Help - Windows Internet Explorer

http://support.ebscohost.com/help/index.php?help_id=7451

Nursing
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Searching from the Home Page

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- EBSCO CINAHL Nursing Guide
- EBSCO Health Library™ content
- HealthDay News Service content
- *F.A. Davis's Drug Guide for Nurses*
- *F.A. Davis's Laboratory & Diagnostic Tests with Nursing Implications*
- National Guideline Clearinghouse™ Practice Guidelines

To conduct a Basic Search from the Home Page:

1. From the Home Page, enter your search terms in the Find field.

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